### February 2023



**University of Kentucky** College of Agriculture, Food and Environment *Cooperative Extension Service* 

# **Casey County Ag News**

Casey County Cooperative Extension Service 1517 S. Wallace Wilkinson Blvd Liberty, KY 42539 606-787-7384 casey.ca.uky.edu

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Kelsey Woodrum

Kelsey Woodrum Casey County Agriculture and Natural Resources Extension Agent

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Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

LEXINGTON, KY 40546

### **Upcoming Events**

Call 606-787-7384 to register for local programs or to inquire about other events.

#### Sausage-Making & Charcuterie Design Workshop

February 6th and 15th at 5:00pm Casey County Extension Office Educational Building

Class One: Participants will be making their own summer sausage and preparing it for the fermentation and smoking process. Ground pork, ground beef, seasonings, add-ins & all supplies provided. Optionally you may bring your own ground venison or elk to substitute part of the ground beef. The sausage will be finished out at the extension office and you will receive it at the next class.

Class Two: Putting it all together! You will receive your summer sausage once it has gone through the fermentation and smoking process. Then you will learn how to create your own charcuterie board using your summer sausage and some other ingredients.

#### Ag Advisory Council Meeting

February 7th at 12:00pm Bread of Life Cafe

#### **Jr Cattlemen's Meeting**

February 9th 5:00pm Casey County Extension Office

#### **Casey County Cattlemen's Meeting**

February 9th at 6:30pm Casey County Extension Office Educational Building



**Floral Design Workshop** February 13th at 5:00pm Casey County Extension Office Educational Building Cost: \$12

#### **Private Pesticide Applicator Training**

February 14th at 10:00pm February 14th at 5:00pm Casey County Extension Office Educational Building All participants must call to register. Bring your drivers license.

#### **National Farm Machinery Show**

February 15th-18th

#### Lake Cumberland Area Forage Series

Maintaining Fertility on Forage Stands - Dr. Chris Teutsch Hal Rogers Regional Fire Training Center Somerset, KY

February 16th at 6:00pm EST

#### **Mid-South Stocker Conference**

February 21st & 22nd WKU Ag Expo Center



#### **Turf & Landscape Short Course** February 22nd & 23rd Hardin County Extension Office

#### **Grafting Class**

February 28th at 5:00pm Interested in learning about grafting? Join us and take home your own grafted apple and pear trees! Cost: \$5/tree

#### **Open House**

March 14th Starting at 10:00am

Casey County Extension Office

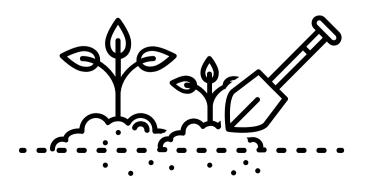
Our office renovation is complete and we are inviting you to come check it out along with all of the programs we have

coming up.

Join us for light refreshments and fellowship!

#### From the Woods Today Zoom

Every Wednesday at 11:00am A weekly internet show co-hosted by Renee Williams and Billy Thomas with UK Forestry and Natural Resources Extension.



#### Horticulture Webinar Wednesdays

Every Wednesday at 12:30pm A weekly discussion for garden geeks about anything horticultural! There will be zoom lessons, gardening talks and some shenanigans. This is for non-commercial gardeners! Find more on Facebook!

## Nuisance Weed Spraying Program

This program consists of weed spraying demonstration plots. KDA will provide the sprayer and enough chemical for the treatment of 10 acres of agricultural land or 100 gallons of spot spraying mix to be used on agricultural land. The department's representative will demonstrate proper mixing and application techniques. A number of nuisance weeds can be treated under this program depending on the needs of the participant. This program is limited to broadleaf weeds. Broadcast Spraying demonstration plots consist of:

- 10 acres of agricultural land will be treated with chemical provided by the department.
- Application is performed with a two-wheeled trailer type sprayer equipped with boomless nozzles.
- If additional chemical is provided by the participant, an additional 10 acres can be treated.

Spot Spraying demonstration plots consist of:

- 100 gallons of broadleaf chemical mix which is applied until sprayer is empty.
- Application is performed with a two-wheeled trailer type sprayer equipped with a handheld spray wand used by the tractor operator.
- If additional chemical is provided by the participant, an additional 100 gallons can be sprayed.

For each demonstration:

- The participant must provide water source.
- The participant must provide tractor and operator.
- All chemical products must be labeled and the product label will be strictly followed.
  - A maximum of 7 participants per county.

This program is designed to target weeds that have a negative impact on the participant's agricultural production.

There will be an annual **online** application period to participate in this program.

#### Applications can be completed from February 1 to February 29.



## Lake Cumberland Area Forage Series

Weed Control in Forage Stands - Dr. JD Green January 26th, 2023 6:00pm CST Russell County Extension Office Russell Springs, KY

Maintaining Fertility on Forage Stands - Dr. Chris Teutsch

February 16th, 2023 6:00pm EST Hal Rogers Regional Fire Training Center Somerset, KY

Forage Establishment - Dr. Ray Smith March 14th, 2023 6:00 PM EST Somerset Community College (McCreary Campus) Whitley City, KY

Optimizing Forage Quality During Harvest- Dr. Jimmy Henning April 3rd, 2023 6:00pm EST Casey County Extension Office Liberty, KY

There will be a meal served prior to each program. Attendees must RSVP to your County Agriculture Extension Agent.

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### Start the Year Right with Good Record-Keeping Practices

Record-keeping is not everyone's favorite activity, but with a little time, patience and a commitment to get it done, your financial life will be more peaceful. Record-keeping tasks don't have to be difficult. Think of it as a way to keep track of your operation that will help you make better long-term decisions. You can use a ledger book or a computer—whatever helps you maintain consistency. Software programs can help you make sense of your data.

Software has become more user-friendly over time, and while it may not make the record-keeping process fun, it could help you see the overall picture of your operation. Some programs track purchases and how you use each item on a particular enterprise or field. You'll be able to keep track of repair and maintenance records for specific farm equipment and produce balance sheets, income statements and cash flow budgets.

For many livestock operations, a good time to start keeping records is when your veterinarian comes to check your animals. Vets usually charge per head, so that data can help you develop a list of animals that need attention. You can use the same data to develop health histories of your animals, which will lead to more informed exams and diagnoses in the future.

Make record-keeping a team effort for your family. Sit down and work on the records and budget together. Perhaps one person can read the information while another person types it into the software program or writes it in the ledger book. You won't become overwhelmed if you do a little bit each day and don't save it all up for the end of the year. Year-end procedures also can feel more satisfying if you've done the work throughout the year. You can generate year-end reports with a few simple clicks and not have to sort through stacks of bills lying around the home or office.

The University of Kentucky College of Agriculture, Food and Environment's Department of Agricultural Economics has several tools online that could help with budgeting and decision-making. Visit https://agecon.ca.uky.edu/budgets to see what is available.

# LOADED BUTTERNUT SQUASH





1 large butternut squash, cut in half and seeded 2 tablespoons olive oil 1 pound ground vevison, elk, or beef 1 teaspoon salt 1 teaspoon ground pepper 1 teaspoon dried chili powder; cumin, OR paprika 1 medium onion, diced 1 green bell pepper; diced 1 teaspoon garlic powder 4 cups kale, chopped 1/2 bunch green onions

Servings:4 Serving Size:1/4 stuffed squash

Directions:

Preheat oven to 400 degrees F.

Rinse all vegetables under cool running water before preparing.

Place butternut squash on a baking sheet, cut sides up. Evenly drizzle 1 tablespoon olive oil over each

piece.

Roast in oven for 50 to 60 minutes, until squash is soft.

While squash is roasting, heat a large skillet to medium-low and cook venison slowly. Cover pan to keep moisture from evaporating. Stir a few times during cooking to break meat apart.

Add salt, pepper, and spice of your choosing to meat.

When meat is almost fully cooked, add onion, green pepper, and garlic powder. Cook until vegetables are soft.

Add kale and cover with lid. Cook 5 minutes longer. Keep venison mixture on low heat until butternut squash is fully cooked.

Scrape soft insides out of squash and place in a large bowl. Be careful not to rip squash skin. Set squash skins on serving dish.

Add meat mixture to squash in bowl. Stir to combine.

Refill squash skins with mixture.

Trim ends of green onions and slice. Sprinkle green onions on top of filled squash skins. Serve immediately. Store leftovers in the refrigerator within 2 hours.

430 calories; 17g total fat; Sg saturated fat; Og trans fat; 75mg cholesterol; 710mg sodium; 48g total carbohydrate; 11g dietary fiber; 11g sugars; Og added sugars; 32g protein; 0% Daily Value of vitamin D; 20% Daily Value of calcium; 35% Daily Value of iron; 20% Daily Value of potassium.